

Lavender Play Dough Recipe

INGREDIENTS

- 2 cups all-purpose flour
- 3/4 cup salt
- 4 teaspoons cream of tartar
(NOTE: you can substitute a few drops of lemon juice if you don't have cream of tartar)
- 2 cups warm water
- 2 tablespoons vegetable oil
- Fresh dried herbs for mixing into dough (EX. lavender or rosemary)
- Natural coloring or food-grade dye (optional)
- Plastic zip-lock bags or clean, upcycled containers with tight-fitted lids



PROCESS

Step 1: Combine flour, salt, and cream of tartar in a large pot, then add water and oil.

Step 2: Add dye or food coloring.

Step 3: Stir constantly over medium heat until it thickens and starts to form a ball. Set aside.

Step 4: Place on wax paper or into a gallon-sized plastic bag. Once cool, kneed until smooth.

Step 5: If you want to divide and make several colors, separate dough into smaller balls. You can opt for smaller quart-sized plastic bags if it's helpful for mixing.

Step 6: Gradually add a few drops of color at a time and kneed, adding more for more lively color.

Step 7: Kneed in the lavender (or better yet – invite a child to do it!), then you're ready to use your lavender play dough.

NOTE: Be mindful of potential allergens.

ONLINE RESOURCES

<https://theimaginationtree.com/natural-herbal-playdough/>

<https://www.iheartnaptime.net/play-dough-recipe/>

"Y" Branch Loom

MATERIALS

- Branches shaped like a "Y"
- Yarn or twine
- Scissors
- Assorted natural materials

PROCESS

Step 1: Cut two arm lengths of yarn or twine

Step 2: Tie the yarn to the base of the twig

Step 3: Begin wrapping the yarn side to side between the "Y" sides to create loom

Step 4: When you reach the top, tie it off again to secure

Step 5: Use natural materials to weave special objects into your "Y" branch loom

ONLINE RESOURCES

Nature in Action

<https://natureintoaction.com/2013/07/31/top-eight-wild-nature-art-crafts-for-children/y-branch-nature-loom-nature-into-action/>

The Smart Happy Project

<http://thesmarthappyproject.com/natural-weaving-2/>

