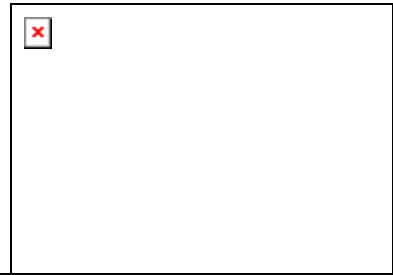




Sustainability Quiz

Point system: always=3, usually=2, sometimes=1, never=0



Practices: Do you...	Always	Usually	Sometimes	Never
Buy products that can be reused or recycled				
Bring your own bags or boxes when shopping				
Buy products with little or no packaging				
Buy products in bulk quantities				
Give away unwanted items				
Use both sides of a piece of paper				
Recycle aluminum, steel, plastic and glass				
Recycle paper and cardboard				
Buy goods made from recycled materials				
Put fruit and vegetable scraps in a compost bin or worm farm				
Use leaves or grass clippings as mulch in gardens				
Take other green waste to drop off centers				
Put litter in proper containers				
Clean up after pets on walks				
Dispose of household hazardous waste at proper facilities				
Volunteer with an environmental organization				
Volunteer for litter pick up				
Take short showers and avoid baths				
Turn off the water when brushing teeth				
Turn off lights when leaving the room				
Carpool or condense errands into one trip				
Turn off car when idling				

Total Score: _____

How did you do?

50 – 66 Points	34 – 49 Points	16 – 33 Points	0 – 15 Points
<p>Eco-Master!</p> <p>We've got a professional on our hands! So you recycle, reduce, reuse, precycle, and possibly even compost. Keep up the good work!</p> <p>Be sure to tell your family, friends, and neighbors about the benefits of a green lifestyle and waste reduction.</p> <p>Look into seemingly small actions, such as keeping tires properly inflated to increase gas mileage and turning off the car when idling.</p> <p>There's <i>always</i> a little more that you can do. If you have spare time, volunteer with an environmental group in your area. Find a group of individuals who will help you organize a litter or stream clean-up. Good work!</p>	<p>Great! Keep Going!</p> <p>It looks like you've done some homework when it comes to taking care of our planet. Keep thinking of more ways to lessen your impact! Have you started precycling, avoiding Styrofoam and other non-recyclable materials? Do you avoid products with too much packaging?</p> <p>Possibilities will keep popping up if you look closely. Try grouping errands. That means less gas that you have to buy and less pollution in our atmosphere.</p> <p>If you take 30 minute shower, try cutting that by one third, or even one half. The water savings will really add up over the course of months and years!</p>	<p>Good Start!</p> <p>Alright! You're showing genuine interest in creating a healthy environment, and every little bit counts!</p> <p>Maybe it's time to kick it up a notch. Do you recycle in your household? Find out what can be recycled in your area.</p> <p>Try keeping reusable bags in your car to reduce plastic waste. Keeping Tupperware handy in your household is a great way to save money in the long run and helps keep plastic and aluminum wraps out of landfills.</p> <p>Donate your unwanted items to Goodwill or other thrift stores, and remember to keep your reusable water bottle with you to keep hydrated!</p>	<p>Can we do better?</p> <p>Let's figure out some ways to make baby steps towards sustainability. Why not start with recycling paper? It doesn't take up much space, doesn't need to be rinsed, and has a good market value.</p> <p>Try to think of different ways to reduce the amount of trash you create. Could you reuse that glass jar instead of throwing it out? How about making notes or writing grocery lists on the back side of paper?</p> <p>Reusable water bottles are also a good option. They're trendy, come in many colors and patterns, and will save money on bottled water costs in the long run.</p>